

LOCAL TITLE: NUTRITION - TUBE FEEDING

STANDARD TITLE: NUTRITION DIETETICS NOTE

DATE OF NOTE: MAR 23, 2012@08:15 ENTRY DATE: MAR 23, 2012@08:16:14

AUTHOR: GERMANN,CHRISTINA M EXP COSIGNER: WARREN,MALISSA M

URGENCY: STATUS: COMPLETED

NUTRITION CARE PROCESS NOTE

CLINICAL: -- y/o s/p esophagectomy and lap feeding J-tube placement in the OR yesterday (3/22). Pt has been extubated and is hemodynamically stable.

PMH:esophageal carcinoma s/p chemo tx, PVD s/p AAA repair, HTN
angina/CAD, GERD, smoker/COPD, obese, DM, OS/DJD hips/knees

NUTRITION RELATED MEDICATIONS

- Cefazolin 2gm/dextrose 5% 100ml inj,soln in cefazolin
2gm/d-5-w 100 ml infuse over 30 minutes to
continue while ct in place ivpb q8h
- Dextrose 50% inj,soln 1 (50ml) syringe ivp prn
indication: for treatment of hypoglycemia per
hypoglycemia protocol.
- Glucagon inj 1mg/lvial sc prn indication: for
treatment of hypoglycemia per hypoglycemia
protocol.
- Glucose gel,oral contents of 1 tube po prn
indication: for treatment of hypoglycemia per
hypoglycemia protocol.
- Insulin regular (human) inj insulin regular (human)
inj 100 units in sodium chloride 0.9% 100 ml
titrate@1 icu insulin protocol:lunit/ml-titrate to
cbg>110<180 iv
- Lactated ringers 1000ml inj,soln in lactated ringers
sol. 1000 ml 75 ml/hr iv
- Ondansetron inj,soln 4mg/2ml iv q12h while awake,
extubated. scheduled
- Pantoprazole sodium inj,pwdr pantoprazole 40 mg in
sodium chloride 0.9% 100 ml infuse over 20 minutes
ivpb qday

NUTRITION ASSESSMENT

Anthropometrics:

Height: -- in [---- cm] (03/22/2012 22:14)

Weight: ---- lb [---- kg] (03/21/2012 12:06)

Wt Hx: 219.4 lb (3/1/2012)

225 lb (1/24/2012)

230 lb (1/10/2012)

225 lb (11/3/2011)

BMI: 31 (03/21/2012 12:06)

Usual wt: 225-230 LB (past 2 yrs), 98% usual wt

IBW: 172 lbs 78.2 kg

%IBW = 129.4%

Dosing Wt:172 lb (78.2kg)

Skin: Normal, w/ several small incision sites from laproscopic procedure

Dietary/Alimentation/Elimination:

Diet: NPO

Chewing:none

Swallowing:Esophagectomy 3/22

Last BM: 3/21

Biochemical:

LABS:

No FERRITIN in the last 1Y

No VITAMIN B-12 in the last 1Y

No FOLATE in the last 1Y

No TSH in the last 1Y

MAGNESIUM 1.4 L 03/23/2012 05:30

PHOSPHATE 3.2 03/23/2012 05:30

CALCIUM 8.6 03/01/2012 13:30

No PREALBUMIN in the last 1Y

ALBUMIN 4.0 03/21/2012 13:29

No lipid panels on file

CHOLESTEROL 161 03/01/2012 13:30

HEMOGLOBIN A1C 10.9 H 02/28/2012 15:07

Last 2 CBGs:

03/23/12 132 H

03/23/12 108

Last Chem 7 and CBC:

03/23/2012 05:30 03/23/2012 05:30

139 : 107 : 11 / \10.7 L /

----- : ----- : ----- 132 H 16.8 H ----- 148 L

4.0 : 25 : 0.6 L \ /31.1 L \

NUTRITION DIAGNOSIS

Inadequate oral intake related to recent esophagectomy as evidenced by current diet order of NPO and no established TF orders.

NUTRITION EVALUATION: According to pt weight and appetite history, he had a slight weight loss at beginning of CA treatment, but continued to have a healthy appetite throughout. Pt has been able to maintain a fairly stable weight for past year, even through CA treatment.

Estimated nutritional needs:(est using IBW for obesity)

Calories: 1901 kcal (Mifflin St Jeor X 1.2)

Pro: 117 g (1.5g/kg)

Fluid: 2345 ml (30ml/kg)

NUTRITION GOALS

1. Achieve goal rate of TF by POD #2
2. Receive >90% of TF consistently

NUTRITION RECOMMENDATIONS

1.Tube Feeding recommended:

- Pivot 1.5 full strength @ 55ml QH, start @ 25ml/hr, increase Q4H by 10ml to reach goal rate

-Free water flushes of 165ml Q3H (provides 1320 ml water)

-This would provide: 1980 kcal, 124g pro, 9.9g fiber, and 2322ml water

Nutrition status: Moderately compromised

NUTRITION MONITORING/EVALUATION: routine

/es/ CHRISTINA M GERMANN

Signed: 03/23/2012 14:33

/es/ MALISSA M WARREN, RD, CNSD

Clinical Dietitian

Cosigned: 03/23/2012 14:46